

## Boldmere Junior Invitation Meet 2018

### Under ASA Laws and ASA Technical Rules

Boldmere Swimming Club is affiliated to ASA West Midlands Region and Warwickshire ASA

Saturday 3<sup>rd</sup> March 2018  
Central Baths, Bath Avenue, Wolverhampton  
WV14EG

The morning session will start at 9.00 am  
The afternoon session will not start before 2.00 pm

The start times of all other events are approximate.

**Morning Warm-up starts at 8.00 am**

Event No.	Gender	Age	Event			Estimated Start Time
1	G	9,10,11,12	100m	Ind. Medley	HDW	09.00am
2	B	9,10,11,12	100m	Ind. Medley	HDW	09.44am
3	G	8 & 9	25m	Breaststroke	HDW	Must be 8yrs on or before 3.03.18 10.13am
4	B	8 & 9	25m	Breaststroke	HDW	10.22am

### 10.30am . . . Comfort Break for Officials (30 minutes)

5	G	10,11,12	50m	Breaststroke	HDW	11.00am
6	B	10,11,12	50m	Breaststroke	HDW	11.26am
7	G	8,9,10	25m	Butterfly	HDW	Must be 8yrs on or before 3.03.18 11.44am
8	B	8,9,10	25m	Butterfly	HDW	11.56am
9	G	11 & 12	50m	Butterfly	HDW	12.05pm
10	B	11 & 12	50m	Butterfly	HDW	12.19pm

### 12.30pm Lunch Break, Music and Dancing. . . Warm Up Starts 1.00pm

11	G	8 & 9	25m	Backstroke	HDW	Must be 8yrs on or before 3.03.18 2.00pm
12	B	8 & 9	25m	Backstroke	HDW	2.08pm
13	G	10,11,12	50m	Backstroke	HDW	2.15pm
14	B	10,11,12	50m	Backstroke	HDW	2.39pm
15	G	8 & 9	25m	Freestyle	HDW	Must be 8yrs on or before 3.03.18 2.56pm
16	B	8 & 9	25m	Freestyle	HDW	3.05pm
17	G	10,11,12	50m	Freestyle	HDW	3.14pm
18	B	10,11,12	50m	Freestyle	HDW	3.39pm

### 4.00pm . . . Top visiting club trophy presentation

### 4.10pm . . . Estimated finishing time

- The individual events for our Junior Invitation Meet are based around the Junior league programme with 100IM added.
- All events except 25m Breast, 25m Fly, and 25m Free will start at the deep end (where the starting blocks are).
- AOE (Electronic Timing) will be used for all events except 25m Backstroke. (Results will not appear on the scoreboard).
- 25m Breast, 25m Fly, and 25m Free events will start at the shallow end (depth 0.9 metres). All swimmers with start in the water – NO DIVING
- 'Over the top' starts will be used for all 50m (Non-Backstroke) events. At the end of your race, stay STILL in the water, in the left hand corner of your lane, close to the wall and hold on to the lane rope (but not on the timing pads). The swimmer in the next race will then dive over you at the start of his/her race. Once this race is well underway you should leave the pool via the steps at the side (in lanes 1 & 8).
- 'Side by side' starts will be used for both 50m Backstroke events. At the end of your race, stay STILL in the water, in the left hand corner of your lane, close to the wall (but not against the timing pads and not hanging on the lane rope!). The swimmer in the next race will enter the water and start his/her race. Once this race is well underway you should leave the pool via the steps at the side (in lanes 1 & 8).

## DO NOT climb out over the timing pads.