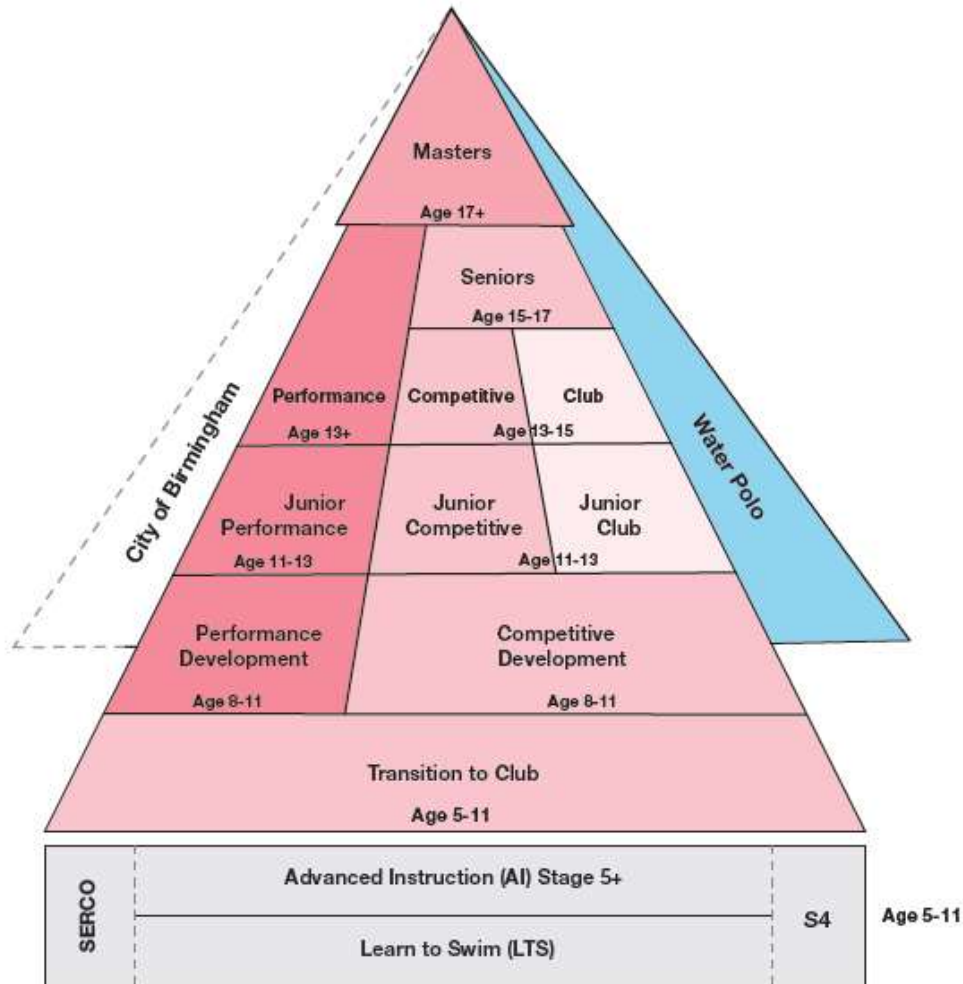


Squads for 2017-2018

Due to changes to our Learn to Swim programme imposed upon the Club by Serco, we have taken the opportunity to improve the squad structure and sessions to meet the Club's current needs.

You will see from the diagram below, the new club structure sees some minor changes to squad names and moves the emphasis of squad criteria towards age groups and competitive, or non-competitive, swimming.



In the new structure, the squads area clearly aligned by age-groups, from our youngest swimmers in Learn to Swim through to our Masters squad, with some overlap for each tier to allow for flexibility of movement between squads.

For those swimmers wishing to swim just for fun and exercise we have the **Junior Club and Club** squads (transitioning into Seniors at 15yrs and then into Masters). These swimmers will not be asked to compete in open meets or league galas (Arena, Junior League or Mercian) unless you inform us otherwise.

Those wishing to compete will automatically move through to our **Competitive** squads. There is a minimum session requirement for these swimmers and they are expected to represent the club in galas (when selected) and will have the opportunity to compete in open meets. These swimmers are continuously monitored by our coaching team to see if they should receive an invitation for a trial with one of the **Performance** squads.

Swimmers are welcome to move between Competitive and Club squads, subject to space, by informing the Club Secretary. Movement between Competitive and Performance squads will be considered in discussion with the Head Coaches for the squads concerned.

Our **Masters** squad heads up the Boldmere Swimming Club triangle. Any non-Performance squad swimmer aged 17yrs+ (school yr 13+) will now be in our **Masters** squad. Within this squad swimmers can train and compete to the highest levels without the pressures of session requirements. Masters swimmers can compete for the club in league galas (when selected), in main stream open meets as well as in in Senior (17yrs+) and Masters (21yrs+ or 25yrs+) competitions. Training sessions take place alongside the Competitive squads with an additional Masters only technique session on a Friday morning.

Water Polo sits alongside our swimming squad structure, catering for all ages from 9yrs upwards. Water polo is a great way to keep fit and get involved in a water-based team sport. It can even fit alongside your swimming training. The Water Polo club are always looking for new members - if you fancy having a go contact Boldmere for a trial.

The foundations of Boldmere Swimming Club triangle is our **teaching section**. Here we have some changes with the introduction of **Learn To Swim (LTS)**, **Advanced Instruction (AI)** and **Transition** squads. These are outlined below:

Learn to Swim (LTS): Members who are Stage 4 and under. Due to changes imposed by Serco, sessions are currently only available at Castle Vale. Once a member reaches stage 5, they will receive an invitation to join Advanced Instruction.

Advanced Instruction (AI): Members who are Stage 5 or above. Sessions are mostly held at Castle Vale with one additional session on a Thursday at Wyndley. Once members are ready to move to lengths, they will receive an invitation to join Transition.

Transition (T): Members who are Stage 7 and above. These lessons will be lengths with the emphasis on maintaining the technique learnt in Advanced Instruction whilst building up stamina and learning how to 'train'. When ready, Transition swimmers will be invited to join Competitive Development.