

BOLDMERE MASTERS PROVE THAT AGE IS JUST A NUMBER

It was a fantastic weekend for Boldmere Masters and Seniors at the 2017 Midland Open Masters Championships and 18-24 years Age Group Championships.

The eight-strong team amassed a total of 25 medals (9G, 9S, 7B), from both individuals and relays, across the weekend. The team showed considerable strength and depth – a demonstration of their improvement under the guidance of Boldmere coach Amaro Vilorio.

The weekend kicked off with the 100m Freestyle with medal positions from both Jenny Fowler (18 – 24) and Alice Lane (30 – 34), and a PB for Julie Fisher. The medal haul continued throughout Session 1 with 3rd place finishes by Alice Lane in the 50m backstroke and the Mixed 4x50m Freestyle team (Alice Lane, Jenny Fowler, Des Burley and Dan Smith) in a new club record time of 1.51.23. The first Gold of the weekend came from Alice Lane in the 200m butterfly with a PB.

Session 2 saw further medal placings from Jenny Fowler in the 100m Butterfly, Alice Lane in the 50m Freestyle and 100m Butterfly, and Des Burley (45 – 49) with a PB in the 200m Breaststroke. PBs were also achieved by Rhianne Fisher in the 50m Freestyle and 100m Individual Medley, and by Karen Woodhall (40 – 44) and Julie Fisher in the 50m Freestyle.

There was no let up on Day 2 with 6 individual 1st place swims and 2 1st place swims from Women's 4x50m Freestyle and Medley Relay teams. Claire Thorn added to the gold rush in the 400m Freestyle and Des Burley in the 200m Freestyle, with another PB. Rhianne Fisher continued her PB success, whilst obtaining a bronze in the

200m Individual Medley and a silver in the 400m Freestyle.



Jenny Fowler also achieved a PB and silver in the 200m Individual Medal, and Alice Lane saw a clean sweep on Day 2 with medals in all colours.

The Women's 4x50m Freestyle Relay team (Fowler, Thorn, Rhianne Fisher, Lane) was the fastest team of the event and secured a Club Record with a time of 1.57.72 and the Medley team (Lane, Thorn, Fowler, Woodhall) also secured 1st place in the 72+ age group.

A special mention must go to Julie Fisher, who only started competing in 2016 and in these Championships achieved 4 out of 4 PBs, and her first ever medal – a silver in the 55 – 59-year age group 100m Breaststroke. A successful and enjoyable weekend was had by all.

If you are over 18, interested in learning to swim, getting back into swimming competitively or improving your technique for a triathlon race, please go to the Boldmere website and send an email to "Contact Us". I think we have all proven that it's never too late!